

Anciently essential oils were used for their spiritual, emotional, and physical aspects. Today, thanks to the doTERRA brand quality and purity we are able to use them for similar purposes.

FRANKINCENSE - Origin: Comes from the original Frankincense trail in Oman, Jordan

Benefits: Spiritual: Spiritually elevating, Emotional: Natural anti-depressant,
Physical: Anti-cancerous, enhances memory, heals wounds, reduces wrinkles and anti-seizure

MYRRH - Origin: Ethiopia

Benefits: Spiritual: Naturally balancing, healing wounds (spiritually & physically) enlightens spiritual feelings, Emotional: Relaxant, relieves anxiety, Physical: Supports the heart, improves circulatory system, anti-microbial, and reduces toxins

GOLD - Valuable chocolate to share :)

Application of Oils: Either smell, apply 1 drop over heart, mind or to affected area.

May the peace of our Savior fill your hearts with joy this holiday season and always.

Love,

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